



## inSCREEN MODE - MODERation strategies of SCREEN abuse for Generation Y(outh)

Ref. No: 2017-1-UK01-KA205-036208

### BACKGROUND

The project aims at empowering young people (16-25 years old) to deal effectively with situations concerning excessive preoccupation with Internet or screen abuse.

### TARGET GROUPS

- ◆ **Direct Target Group:**  
Young People (16-25 years old)
- ◆ **Indirect Target Group:**  
Youth practitioners and educators, youth training centres and associations

### PROJECT AIMS

The project aims at using and duly tailoring existing methodological tools and approaches from a range of fields in Psychology and ICT to:

- ◆ Support young people with excessive preoccupation with Internet to implement personalized moderation plans and screen moderation strategies through the provision of a personalized Learning Motivation Environment.
- ◆ Equip them with the skills and the methodological and engineering tools to modify maladaptive computer behavior for healthy computer use.

### CONSORTIUM

Coordinator



Partners






Institut Nowych Technologii

NOTTINGHAM  
TRENT UNIVERSITY

## INTELLECTUAL OUTPUTS

- ◆ **IO.1:** Training Approach Definition and Internet Addiction Genie Development
- ◆ **IO.2:** Content and Facilitating Tools

## ACTIVITIES

- ◆ **C1** - Short term joint staff training Greece

## TRANSNATIONAL MEETINGS

- ◆ **Kick-off Meeting:**  
3rd November 2017  
Edinburgh



- ◆ **2nd meeting:**  
16 - 17 April 2018  
Kaunas, Lithuania
- ◆ **3rd meeting:**  
Romania
- ◆ **4th meeting - Final:**  
Cyprus

Erasmus+ KA2 Youth Sector

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## CONTACT US

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