

Project Number: 2017-1-UK01-KA205-036208

MODERation strategies of SCREEN abuse for Generation Y(outh)

Project activity: IO2/A3 Pilots

Leader: Emphasys Centre



This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Submission Number: **2017-1-UK01-KA205-036208**

The consortium

	<p>CIVIC COMPUTING LIMITED(UK) (Coordinator)</p>
 <p>Instytut Nowych Technologii</p>	<p>Stowarzyszenie Instytut Nowych Technologii (Poland)</p>
	<p>Emphasys Centre (Cyprus)</p>
<p>NOTTINGHAM TRENT UNIVERSITY </p>	<p>The Nottingham Trent University (UK)</p>
	<p>Crystal Clear Soft (Greece)</p>
 <p>Globalcitizen.lt</p>	<p>VSI Pasaulio pilieciu akademija (Lithuania)</p>
	<p>Asociatia Direct (Romania)</p>

Table of Contents

Reader expectations	3
SECTION A: Practical Information	4
SECTION B: SUPPORTING DOCUMENTS	6
SECTION C: DISSEMINATION MATERIAL	7
Evaluation forms- Project partners.....	9
A. Evaluation of platform	9
B. Evaluation of personalised actions	10
C. Impact	10
Evaluation forms- Young People (part A)	11
A. Evaluation of training.....	12
B. Evaluation of using the Genie platform.....	14
C. Evaluation of the personalised actions.....	16
Evaluation forms- Youth educators (part A).....	17
A. Evaluation of training.....	17
B. Evaluation of using the Genie platform.....	17
C. Evaluation of the personalised actions.....	17
Evaluation forms- Young People (part B)	17
Evaluation forms- Youth educators (part B)	25

Reader expectations:

Related to IO2: Content and Facilitating Tools and the activity A3: pilot testing of the IN SCREEN MODE project, this booklet presents the guidance that the partners will need to follow for the pilot testing activity. Emphasys Centre will provide template for planning and organisation, support and follow up (evaluation and report).

The topics that will be presented are:

- Practical information
- Supporting documents
- Dissemination material
- Summary report of the evaluation of pilot testing
- Templates for
 - Evaluation of the training: Trainees (young group) will evaluate the trainers and the training session
 - Evaluation of the Genie platform: The trainees (young group) will evaluate the use of the platform
 - Evaluation of the personalised actions: The trainees will evaluate the personalised actions
 - The impact to the young group regarding the Genie

The aims of the booklet are:

- To provide support to the project partners regarding the process of pilot testing
- To evaluate every step and stage of the pilot testing
- To present the effect of the training to the young group
- To present the impact of the platform to the young group

Guidance of the pilot testing/ validation workshop:

- **4 face to face workshops**
- **20 participants per each of the 6 countries** (overall 120 participants)

SECTION A: Practical Information

Please give the following practical information

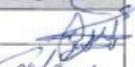
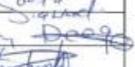
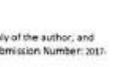
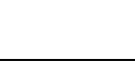
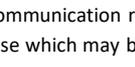
Name of Organisation	Emphasys Centre
Venue of Pilot Tests- Validation Workshops	Emphasys Centre, Nicosia, Cyprus
<i>Date</i>	10-14/6/19
Number of participants	20

Names of participants
Please upload scanned versions of signatures and participants





PILOT TESTING
IN SCREEN MODE: MODERATION strategies of SCREEN abuse for Generation Y(youth) UPSILLING ADULT EDUCATORS FOR DIGITAL LEAD
ATTENDANCE LIST
DATE: 10-14/6/2019
Venue: Emphasys Centre

NA	Name and Surname	Email	Signature
1	Sarwasa Ibrahim	am7sen23@yahoo.com	
2	Oula Salayman Avad	oula.gwal88@gmail.com	
3	Deezo Mohamed	deezo Mohamed326@gmail.com	
4	Luciano Kongso	luchen do 20@gmail.com	
5	Yamen Khalil	Yamen.kh981@gmail.com	
6	Abdelhamid Osman	Kingshamedba@gmail.com	
7	NKOUENTCHOUA ROSTANG	Rostangkouentch@yahoo.fr	
8	Sedrick BAICHANZI	Sedrickbaichanzi@gmail.com	
9	Rana Hossien	RanaBadre@yahoo.com	
10	Daniel Stefansson	stefansson.dawel@gmail.com	
11	Charis Guarelans	charis@adeleven.com	
12	Marcos X. Aguirre	costasv96@hotmail.com	
13	Alexandros Ammanoulis	Alexamano194@gmail.com	
14	Stylanos Stylianos	stylanos_stylanos92@hotmail.com	
15	Avigjia Pippia	avigjia1990@gmail.com	
16	Andriana Pippia	avigjia1990@outlook.com	
17	Demetris Chlou	demetrisch@yahoo.gr	
18	Lolita Constantina	lolita.constantina@ub.edu	
19	Χρυστάλλα Θεοδωρά	chrystallad.theodoraki.com	
20	BAŞIM HİÇANLIK	icommuniversitesi3@gmail.com	



This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. Submission Number: 2017-1-UK01-KA205-036208

Number of trainers

1

Names of trainers

Andrianna Georgiou

SECTION B: SUPPORTING DOCUMENTS

Attendance List

  			
PILOT TESTING IN SCREEN MODE: MODERATION strategies of SCREEN abuse for Generation Y(outh) UPSKILLING ADULT EDUCATORS FOR DIGITAL LEAD			
ATTENDANCE LIST			
DATE:			
Venue:			
A/A	Name and Surname	Email	Signature
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
 This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.			

Page 1

Certification

Other



Evaluation - Project partners (Emphasys)

A. Evaluation of platform

The overall structure and design of the platform

Do you find the structure of the platform clear and easy to navigate? If not, what sort of change would you welcome?

Yes, the structure of the platform is clear and it is easy to navigate. I was able to create an account and to explore the GENIE.

How do you find the visual presentation of the platform, the composition of colours and other design elements? If anything, what can be improved?

The visual presentation of the platform is very appealing and I was intrigued to continue. I found the design very nice and colourful and the encouragement quotes very interesting.

The content of the platform

Does the content correspond to the actual needs of the trainee and the project's objectives? Is it logically structured and easy to understand?

Yes, the needs of the trainee and the project's objectives are presented through the platform. The content is relevant to the platform and it is user-friendly.

Are there any comments you wish to make about the platform? i.e. have you detected specific strengths or weaknesses?

No, I think everything is well organized and the goal of the platform has been achieved.

B. Evaluation of personalised actions

Please, evaluate the personalised actions:

	Strongly Disagree	Disagree	Agree	Strongly Agree
The overall aim of the actions was clear				✓
Different topics were presented				✓
The length of the sub-group was appropriate			✓	
The structure was appropriate and helpful				✓
The actions represented the project's objectives				✓
The actions regarding the genie was relevant				✓

Please specify any suggestions for improvement

Overall, the actions were appropriate. It might better to have fewer actions and more images or videos.

C. Impact

Are there any comments you wish to make about the project? i.e. have you detected specific strengths or weaknesses?

I think the participants will find the Genie very helpful and they will be able to apply all the actions in real life.

This platform should have many users because the topic is relevant and young people can identify themselves in similar situations because of the time they spend online.

Evaluation forms- Young People (part A)

A. Evaluation of the training

Between the 10th – 14th of June, Emphasys Centre organised the pilot testing for the inScreenMode project for 20 Young People (mainly adults) and 3 Youth Educators. During the pilot testing of the project the inScreenMode was presented where the project's aims, objects and rationale were explained. After explaining the project to the group, the platform and Genie were presented. Some of the participants signed up straight away as they wanted to test the actions, whereas some signed up the following dates.

Here is a sum up of the results of the participants evaluations:

What are your main expectations regarding the benefits of using the Genie platform?

Regarding learning more about the Internet Addiction 17 participants answered Yes and 3 replied Maybe. To find out what type of user they are, 19 participants replied Yes and 1 participant replied No. To help someone else, 10 participants replied Yes, 8 participants replied No and 2 participants replied Maybe. To reduce the time spent online 16 answered Yes, 1 answered No and 3 answered Maybe. To find suggestions that could help them with excessive internet use 16 answered Yes, 1 answered No and 3 answered Maybe. Overall, most answers were positive.

PART I: Trainer offering the face-to-face course

Please evaluate the work of your trainer(s) by ticking the appropriate box.

The participants were asked to rank their trainers' knowledge and expertise, 2 participants replied Good, 2 participants replied Very Good and 16 participants replied Excellent. The answers for communication with the trainers were: 2 participants replied Good, 3 participants replied Very Good and 15 participants replied Excellent. The support, guidance and encouragement were Good according to 1 participant, Very Good according to 2 participants and Excellent according to 17 participants. For the question if the trainer managed to arouse their interest in the topic 2 participants replied Good, 3 participants replied Very Good and 15 participants replied Excellent. And finally, when asked about the methodology used to explain things 2 participants replied Good, 4 participants replied Very Good and 14 participants replied Excellent.

Overall, most answers were positive.

PART II: Training facilities - equipment

Please evaluate the facilities of the training venue by ticking the appropriate box.

Regarding the equipment used – in Emphasys’s case, laptops were used, 3 participants rated them as Good and 17 participants rated them as Very Good. In regards to the Internet Access 4 participants rated it as Good and 16 participants rated it as Very Good. The suitability of the venue and hospitable environment were both rated as Good by 1 participant and Very Good by 19 participants. And finally for the support materials and printouts 3 participants rated them as Good and 17 rated them as Very Good.

Overall, all answers were positive.

PART III: Training session

Please evaluate the training session in general by ticking the appropriate box.

When the participants were asked to evaluate the overall organisation and logistics, 4 participants replied Good and 16 participants replied Very Good. The Genie Platform clarity and user-friendliness was rated Good by 13 participants and Very Good by 14 participants. For the relevance of the training to the use of the Genie platform and the relevance of the training to raise awareness about excessive use of the internet 4 participants replied Good and 16 participants replied Very Good. For the length of the session, 3 participants replied Good and 17 replied Very Good, but for the pace of the session 15 participants replied Good and 5 participants replied Very Good. And finally for the structure of the session and the interaction between the trainer and the trainees 4 participants replied Good and 16 participants replied Very Good.

PART IV: Impact of training

Compared to your situation before the training, do you agree or disagree with the following statements. Please, add a comment if you want to share more.

When the participants were asked whether they agree if they have realised that they are spending a lot of time in specific online activities 12 participants replied that they Strongly Agree, 7 replied that they Agree and 1 participant Disagreed. When asked if they are aware of the different actions that they follow in order to have a healthy relationship with the computer 14 participants strongly agreed and 6 Agreed. When asked if they could use the Genie Platform alone, without immediate support 15 participants said that they Strongly Agree and 5 participants said that

they Agree. When asked if they would use the Genie platform to benefit others 8 participants replied that they Strongly Agree, 11 participants replied that they Agree and 1 participant Disagreed. And finally, when asked if they would recommend the Genie platform to their friends, 7 participants Strongly Agreed, 12 participants Agreed and 1 participant Disagreed.

B. Evaluation of using the Genie platform

Language used: English/Lithuanian/Greek/Romanian/Polish

PART I

The participants were then asked to Evaluate the Genie platform. Regarding the registration on the platform, whether it was easy 1 participant Strongly Disagreed, 4 Agreed and 15 Strongly Agreed. Regarding the appropriateness of the font of the text 5 Agreed and 15 Strongly Agreed, similarly to the size of the text 4 participants Agreed and 16 Strongly Agreed. When asked about the colours of the platform whether they were appropriate 3 participants Agreed and 17 Strongly Agreed. When asked if they thought the layout of the platform was appealing 5 participants said that they Agreed and 15 said that they Strongly Agreed. However, when asked if they thought the number of actions were appropriate, 1 participant Disagreed, 15 Agreed and 4 Strongly Agreed. When asked if it was clear that the user's responses were saved, 3 participants Agreed and 17 Strongly Agreed. And finally, when asked if they believed that the platform could be used by anyone, 4 participants Agreed and 16 Participants Strongly Agreed.

To sum up, almost all answers were positive regarding the platform, the only point that has the least positive comments was the number of actions.

PART II

II.1. The overall structure and design of the platform

We then asked the participants If they found the structure of the platform clear and easy to navigate and all answers were positive. They found it easy to navigate and very clear. We had one suggestion that recommended having less questions so as to not lose interest quickly.

As for the visual presentation of the platform, the composition of colours and other design elements, all participants agreed that it was nice, colourful and engaging.

II.2. The content of the platform

The participants were then asked if the content corresponded to the actual needs of the trainee and once again all answers were positive – the only suggestion was that there should be less text (this was

only a suggestion from 1 participant).

II.5 Was the platform useful for any of the following purposes?

When the participants were asked if the platform was useful in terms of learning about internet addiction and if they found out what type of user they were 19 participants replied Yes and 1 participant replied Maybe. They were then asked if it would be useful to help someone else and 11 participants answered yes, 8 answered No and 1 answered Maybe. As for reducing the time spent online, 18 participants replied yes and 2 participants replied Maybe. And finally, when asked if they found suggestions that can help with excessive use of the internet, 19 participants answered Yes and 1 answered Maybe.

To sum up, we mainly took a lot of positive feedback regarding how useful the platform is.

C. Evaluation of the personalised actions

Action 1: Time management

Please, evaluate the content of the action Time management:

When we asked the participants were asked if the overall aim of the action was clear and the different categories of time management which were presented, 3 participants Agreed and 17 participants Strongly Agreed. Regarding the length of the sub-group of the action being appropriate, 4 participants Agreed and 16 Strongly Agreed. When asked if the structure and further reading were helpful and appropriate 3 participants Agreed and 17 participants Strongly Agreed. Regarding the whether the examples were helpful to understand the content of action 5 participants Agreed and 15 participants Strongly Agreed. And finally, regarding the actions given by the Genie being relevant, 3 participants Agreed and 17 participants Strongly Agreed. There were no negative comments in this section.

Action 2: Cope with negative urges

Please, evaluate the content of the action Cope with negative urges:

When our participants were asked if the overall aim of the action was clear and each sub-group of the action was clearly presented, 10 said that they Agreed and 10 that they Strongly Agree. Regarding the structure being appropriate and helpful 9 participants Agreed and 11 Strongly Agreed. And for the length of the sub group of action being appropriate, the psychological aspect behind the excessive use of the internet being well presented, the examples being helpful to understand the content of action, the action regarding the Genie being relevant and the further reading material also being helpful 11 participants Agreed and the other 9 Strongly Agreed. All in all, there were no negative comments regarding the content of the action to cope with negative urges.

Evaluation forms- Youth educators (part A)

A. Evaluation of training

The overall training, organisation and logistics were very good according to our youth educators. The Genie platform was very clear and user-friendly. All content was believed relevant although a bit lengthy for their target group as they do not tend to read very big texts. The session's length, pace and structure was very good and the interaction and atmosphere between all participants and trainer was very positive.

B. Evaluation of using the Genie platform

As for the platform all educators said it was very easy to register, fonts, size and text were very appropriate and the colours of the platform were very good as is the layout also. The steps proposed by the platform were good but the number of actions might have been too many according the educators. All educators unanimously agreed that the platform can be used by everyone.

C. Evaluation of the personalised actions

According to our youth educators, the overall aim of the actions seems very clear, all sub groups were clearly presented and the structure was appropriate and helpful. The psychological aspect behind the excessive use of the internet was well presented and the examples were very helpful to understand the content of action. The action regarding the Genie was relevant and the further reading was very helpful interesting.